

BREAKFAST

Vevay cereal with fruit 	A,E,F,D	€ 6,50
optionally available with /soy/almond/oats/cow`s milk		
Omelet with vegetables 	B	€ 6,90
Omelet with vegetables  		€ 7,50
Tofu scrambled eggs  	D	€ 7,50
with avocado		
Vevay 	B	€ 9,80
2 fried eggs/avocado/olives/hummus/homemade marmalade/ butter		
Acai Bowl 	A,C,F	€ 8,90
almond milk,banana/dates/crunchy cereal Goji berries/seasonal fruit		

Breakfast

Monday-Saturday: 10:00-11:30 am
Please note that tip is not included

  
Gluten free Vegetarian Vegan

Deklaration der Inhaltsstoffe: A=Gluten, B=Eier, C=Erdnüsse, D=Sojaerzeugnisse,
E=Milch, F=Schalenfrüchte, G=Sesamerzeugnisse

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LUNCH AND THROUGHOUT THE DAY

Daily changing soup 		€ 5,50
Udon Noodles 	A,D,G	€ 13,90
fresh vegetables,enoki mushrooms/ginger and lemongrass-soysauce		
Superfood Salad  	D	€ 13,90
quinoa-lupins-bullet/wild herbs/germinated-sprouted/mango/cherry tomato/cucumber/soy-mint-dip		
Rice Noodles Papaya Bowl  	C,D,G	€ 12,90
mango/sugar snap/peanut-lime-sauce		
Low Carb Falafel Burger 	F	€ 10,50
hummus/avocado/corn salad of your choice (optional with beetroot or avocado hummus, per € 1,00)		
Lukewarm rice noodle salad  	D	€ 10,50
tofu/kenya beans/mangetout		
Quinoa-Wild Rice  		€ 14,90
avocado/sweet potatoes/beetroot/parsnip,wild herbs,hemp seed and spirulina dressing		
Barbecue Falafel Burger 	A,B,E,F	€ 10,90
tomato/roasted onion/pickled cucumber wild herbs/sweet potatoes/kidney beans/corn-salad		
VEVAY dish 	A,C,G	€ 12,90
couscous/lentil salad/hummus/guacamole/falafel/olives/pickled vegetables (optional with beetroot or avocado hummus per € 1,00)		
Goji cashew rice  	D	€ 12,90
fried teriyaki tofu and fresh green vegetables		
Protein bowl  		€ 12,90
black beans spagehetti/avocado/beetroot/lentil salad/ sweet potatoes/sugar snap/roasted hemp seed		
Quinoa Spaghetti  		€ 14,90
lupi-bolognese/basil/cherry tomato/carrot/zucchini		

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DESSERT

Various Raw cake 		€ 4,50
Various cake 	A,C,F,D	€ 3,90

SMOOTHIES

Superfood Dream almond milk/goji berries/dates/walnuts/banana/ cinnamon/spirulina		€ 8,50
Detox Boost spinach/apple/dates/ginger/mango/spirulina		€ 6,90
Energy Booster with fresh orange juice, strawberry, acai, beetroot banana, dates		€ 6,90
Super Protein oat milk/maca/3 blend protein (BeGreen)/ dates/banana/cocoa		€ 7,40
Supergreen spinach/moringa/wheatgrass, apple/mango/dates		€ 7,90
Acai Power Acai/oat milk/maca/banana/dates/granola		€ 8,90

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JUICES

Vitamin Booster apple/carrot/beetroot/ginger	€ 6,50
Happy Juice Orange/carrot/ginger/pineapple	€ 6,50
Power Juice beetroot/orange/celery/pinaapple	€ 6,50

WARM DRINKS

Coffee		€ 2,60
Espresso		€ 2,20
Cappuccino	E	€ 3,20
Latte Macchiato optionally with oat, soy or cow`s milk almond milk extra charge (0,20€)	E,F	€ 3,90
Matcha Latte optionally with oat, soy or cow`s milk almond milk extra charge (0,20€)	E,F	€ 4,90
Bio ChariTea mate boost (mate-herbal tea) Detox (herbal-green-darjeeling tea) African summer (vanilla-orange-rooibos tea) Ginger lemon (ginger-lemon-herbal tea) Ceylon Breakfast (black tea) Wild Fruit (fruit-hibikus tea)		€ 4,00

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COLD DRINKS

Taunusquelle Water	0,25L	€ 3,00
	0,75L	€ 6,90
Lemonaid Limette	0,33L	€ 3,90
the original with lots of lime juice		
Lemonaid Maracuja	0,33L	€ 3,90
peach-mango		
Lemonaid blood orange	0,33L	€ 3,90
blood orange lemonade, with grapefruit, orange, lemon		
Premium Coke	0,33L	€ 3,90
Proviant Apple Juice	0,33L	€ 3,60
Lammsbräu pils Beer ^A	0,33L	€ 3,80
Lammsbräu Radler Beer ^A	0,33L	€ 3,80
Lammsbräu alcohol-free ^A	0,33L	€ 3,50
Homemade peppermint-lemongrass-iced tea	0,4 L	€3,90
Homemade strawberry-hibiskus-iced tea	0,4L	€3,90

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WHITE WINE

Weissburgunder QbA Dry	0,2l	€ 6,90
Kirchner, Pfalz	0,75l	€ 24,00
Riesling Dry se Sohns	0,2l	€ 5,90
Rheingau	0,75l	€ 20,00
Rose Wine	0,2l	€ 6,90
Le Cochonnet Réserve Rosé Languedoc France	0,75l	€ 24,00
Prosecco Canella	0,1l	€ 5,00
Extra Dry		

RED WINE

Terre di Montelusa Reserva	0,2l	€ 8,50
Casa Vinicola Calatrasi, Apulien	0,75 l	€ 29,00

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